



Club Flower  
Plymouth Gentian

Website: [PlymouthGardenClub.org](http://PlymouthGardenClub.org)

# Plymouth Garden Club

October 2018

Linda O'Neill, President

Volume 49 Issue 3

## Membership

Active	77
Associate	11
Life:	2
Honorary	2

## Horticulture By Joy Sands

### A Fall Wish List

As you survey blank spaces in your garden or open new garden spaces, you may be tempted by tried and true choices such as a rainbow of chrysanthemums, fall asters in cool purple, red-violet and blue, or sedum in red, white or pink, some with variegated foliage. But if deer are a problem there are other late summer and fall flowering plants that deer avoid. Many of these suggestions are on sale now.

If blue is your favorite color, consider Russian sage, *Perovskia*, a feathery woody plant for the back of the border or garden. It likes full sun and fertile soil. Monkshood, *Aconitum*, flourishes in full sun and stands tall without support. But the roots, stems, leaves are all poisonous. Use gloves when handling the plant. It can stay in one location for decades. But is not a cut flower.

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At our **OCTOBER MEETING** this Wednesday, **October 10<sup>th</sup>** our own member Rose Cain will present a program on the history and medicinal benefits available today from various plants, including marijuana and essential oils for aroma therapy. You may bring a guest to this program. Come at 12:30 pm to socialize and catch up with fellow members, as the program will start at 1pm promptly. Please wear your nametag as we have many newer members. Bring a horticulture specimen (labeled) from your garden or home.

**FLORAL DESIGN WORKSHOP:** Before the regular meeting Geri Williams will lead a workshop to create an arrangement in a pumpkin. We will start at **10 am**. If you signed up for this workshop, please bring small clippers, cash or check for \$25, something for lunch and a shallow box to carry your design home.

**GARDEN THERAPY:** Our next Garden Therapy will be at **Laurelwood at Pinehills on Wed. October 17th**. It is a great opportunity for any one who lives in Pinehills, including Great Island, to experience the joy in helping residents create small arrangements. No experience is needed, the residents do all the creating. You just assist them. We will meet at **10:00 am**, this will allow us to get everything ready. The program will start at 10:30. This will allow participants to attend their exercise class first so we will have greater participation. Remember to bring your cutting shears and if you have any greens you can bring, that would be greatly appreciated. Weds. Oct. 17th at 10:00am, 10 Golf Dr. Plymouth

**LIBRARY FLOWER BEDS** – Mark your calendars for **Saturday, October 27 at 10:00 am** for the Library beds clean up. Coletta will be leading the clean up and asks that you bring hand tools, rakes and any thing you feel will be of help. Rain date is Sunday, the 28th at noon.

**WAYS and MEANS** – Last month was a very successful fund raiser bringing in \$469! (Which covered most of the cost of our wonderful program.) Thanks to all who participated in the chance opportunities and purchased items on the Ways and Means table. This Wednesday consider bringing in small dessert breads or packages of 6 cookies or plants to share so we will have another successful table.

**REMINDER** – Our December and January meetings will begin at 12:00 noon rather than the usual 1:00 pm

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Anise hyssop, Agostache, are long flowering and drought tolerant flowering plants.

Butterflies, humming birds and bees adore asters, sedum and hyssop.

Adding grey foliage to gardens are Artemesias which range in height from 4 to 30 in. Powis Castle grows about 2½ ft tall and is also excellent for dried arrangements and wreaths. It has a eucalyptus like aroma. Lamb's ear, Stachys, grows lower in full sun, well drained soil, at the front of the garden.

All of the above plants are hardy in zones 4-8. Most also reseed freely. To control spread, either deadhead or scatter seeds in new areas.

Hydrangeas may be deadheaded and sprayed for fall decorations, but don't cut back the bushes until you see what survives the winter.

After the soil freezes, perennials may be fertilized on top of the soil and the nutrients will be washed to the roots by winter precipitation. Raised garden beds, vegetable beds, and old gardens can be revitalized over the winter by spreading a 3 inch layer of aged compost. It's not necessary to till or dig the compost in.

Spring planting will take care of mixing the compost.

Mow fallen leaves with a mulching mower and leave the leaf bits in the lawn to decompose. Lawns can be reseeded and bulbs planted until a killing frost, usually mid to late November.

*We are  
growing  
together*

**“BOOKS and BLOSSOMS, Chapter 2”** This weekend many enjoyed the lovely table settings created by 13 of our members and had fun trying to decipher the book titles. Thanks to all who participated and those who brought yummy refreshments for the Friday evening reception, and served as hostesses.

**JR. GARDENER ENVIRONMENTAL PROGRAM** – We will again be bringing our hour-long program about the unique Plymouth ecosystem to each 5<sup>th</sup> grade classroom next spring. Geri will be leading an organization and orientation meeting for all who are interested on **Wed. Dec. 5, 1-2:30 pm** in the Board room at the Library. There will be a sign up sheet at the meeting. If you have any questions about this program speak to Geri or call her at 508-833-4355.

**GREENS SALE** – Coming up quickly on **December 1**, the major fundraiser to support our Civic Beautification projects and Scholarships needs everyone participating. On **Thursday, Nov. 29** starting a 3:00 pm in the Fehlow Room, we will set up and begin creating arrangements, and the next day we will continue decorating fresh wreaths. Please plan to volunteer several hours at least one day of the workshops and/or at the sale on Saturday. Please save pinecones, dried flowers, seed pods etc. and spray them gold, silver, red or white. We will need lots of greens. If you cut greens, they can be dropped off behind the library starting Wed. Nov. 28, or bring them with you to the workshop.

**GCFM Fall Conference** – The State Garden Club fall meeting will be held Wed. October 24 at Elm Bank in Wellesley. For more details see the GCFM website. Register by Oct. 12 by sending a check for \$55 made out to GCFM to Christine Bjorkland.

**Photos** of all the Table Settings in Books and Blossoms Chapter 2 can be seen on the Garden Club Website.